

VISTA LESSON 19

CHECK YOUR SYSTEMS HEALTH

If your Vista-powered computer seems to be tired and overworked, you can see what might be wrong with it by running a system health report.

There is a series of steps you can take starting with the opening of the control panel to generate a "health" report, but why bother when there is a direct and easy way to do it using the command line prompt. Here's what to do.

Click on Start, type CBD and then press the Enter key. You are now in the Command Line prompt, sometimes called the DOS prompt. To generate a health report, type "perfmon /report" (without the quotes) and then press the Enter key. You may be asked to click on Continue before you can proceed. It's OK to do that.

Vista will now generate a health report. It may take several minutes but overall it really doesn't take all that long.

When you have finished, close the report window, type EXIT at the command line prompt, press the Enter key and bingo, you're back to Windows Vista.

